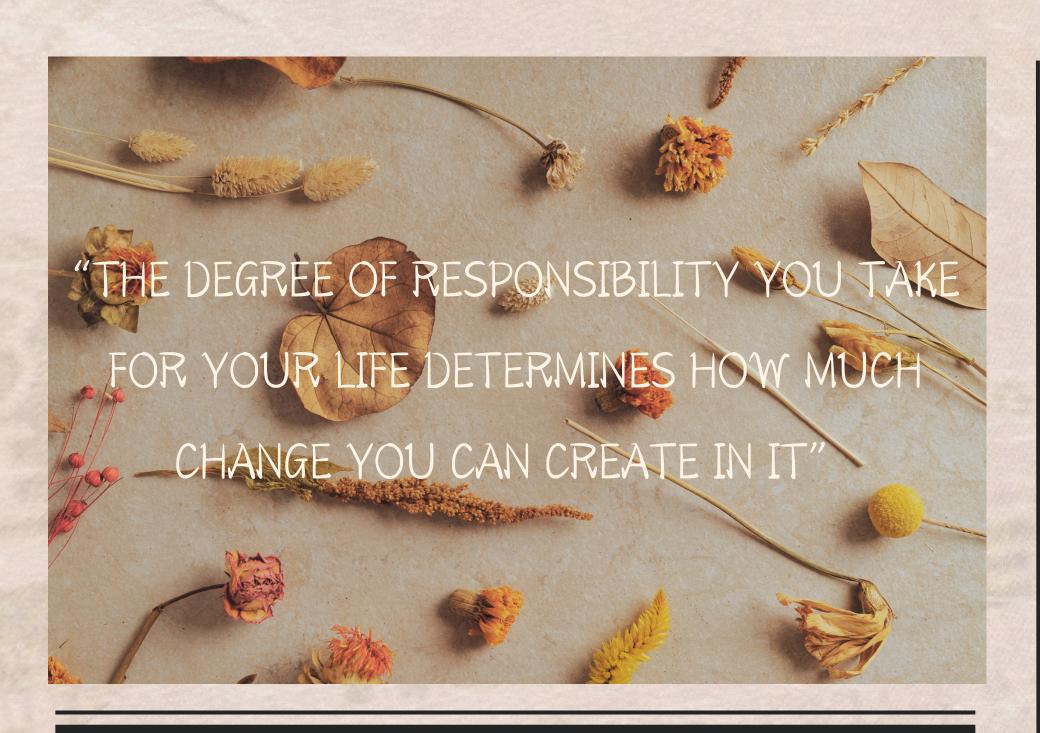
SOCIAL WORK NEWS

THIRD EDITION NOVEMBER 2024



PARENT CORNER

FROM SANDY WALKER

This month we are going to talk about **RESPONSIBILITY**. Teaching children responsibility is one of the most important life goals you have as a parent to help prepare your child to be successful students and future adults in the world.

Teaching your child how to be accountable doesn't have to be impossible. Your child can learn to be a person of integrity and reliability well before adulthood.

Parenting may be the most demanding job you'll ever have, but the rewards are incredible, especially when you've raised responsible caring children.

MORE INFORMATION AT

HTTPS://CHILDDEVELOPMENTINFO.COM/DEVELOPMENT/HOW-TO-TEACH-YOUR-CHILD-TO-BE-MORE-RESPONSIBLE/



HELPFUL TECHNIQUES

- Treat your child with respect and care
- Reinforce the positive
- Share household tasks and chores
- Teach money management skills
- Allow your child to face
 natural consequences and
 learn from their mistakes
- When teaching your child about a new behavior, give clear simple instructions. Be specific about your expectations.
- Don't let your child off the hook if they misbehave at school.
- Give your child some space and freedom. Give them the independence and space they need to grow into responsible adults.



Happy November everyone! Below are some community events for this month:

Cross's Annual Turkey Drive

This year we have a total of 50 turkey baskets available. if you or another family is in need of one please email Sandy Walker

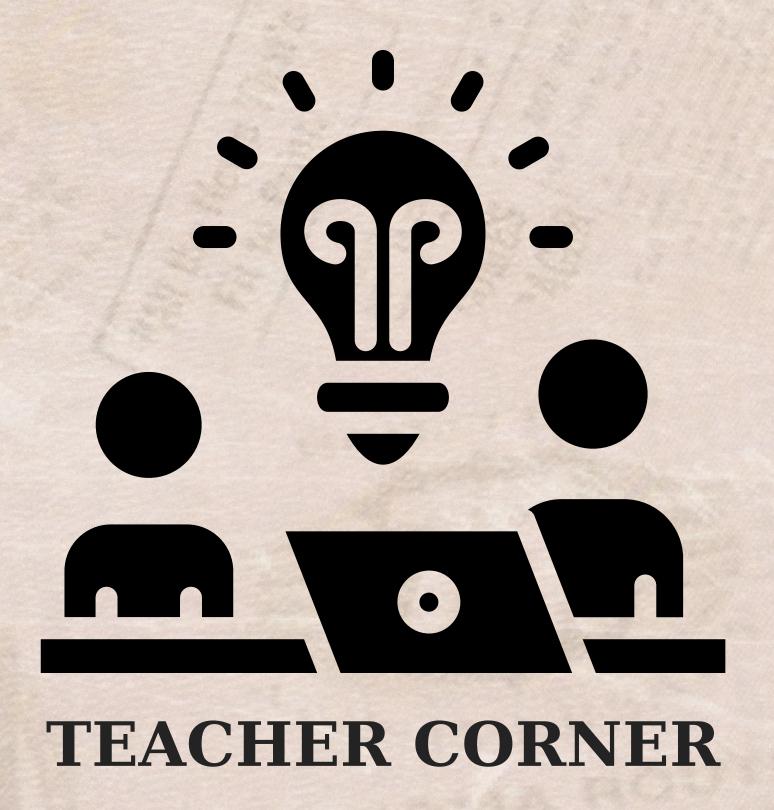
More Opportunities For Thanksgiving Meals

HIS DIVINE WILL FELLOWSHIP, INC. - Q HOUSE 197 Dixwell Avenue, New Haven, CT

Faith based program offering Thanksgiving hot meals or baskets for New Haven residents that have children or grandchildren enrolled in the New Haven Public School System...

Eligibility: Residents of New Haven that have children or grandchildren enrolled in New Haven Public School System

Hours: Last day to register is 11/11/23 by phone;



Hi Cross Teachers and Staff members!

Instructions for the Calm App Registration:

Please click on this <u>link here</u> to register for the App.

It's an excellent source for your classrooms and, in general, for yourself during the day or at night.

It has music, stories, and mindfulness moments for all ages.

The link will take you to a Google form to sign up for an account.

Once you sign up, you will receive an email from Calm at the new-haven email address you provide, usually within 1-3 days.



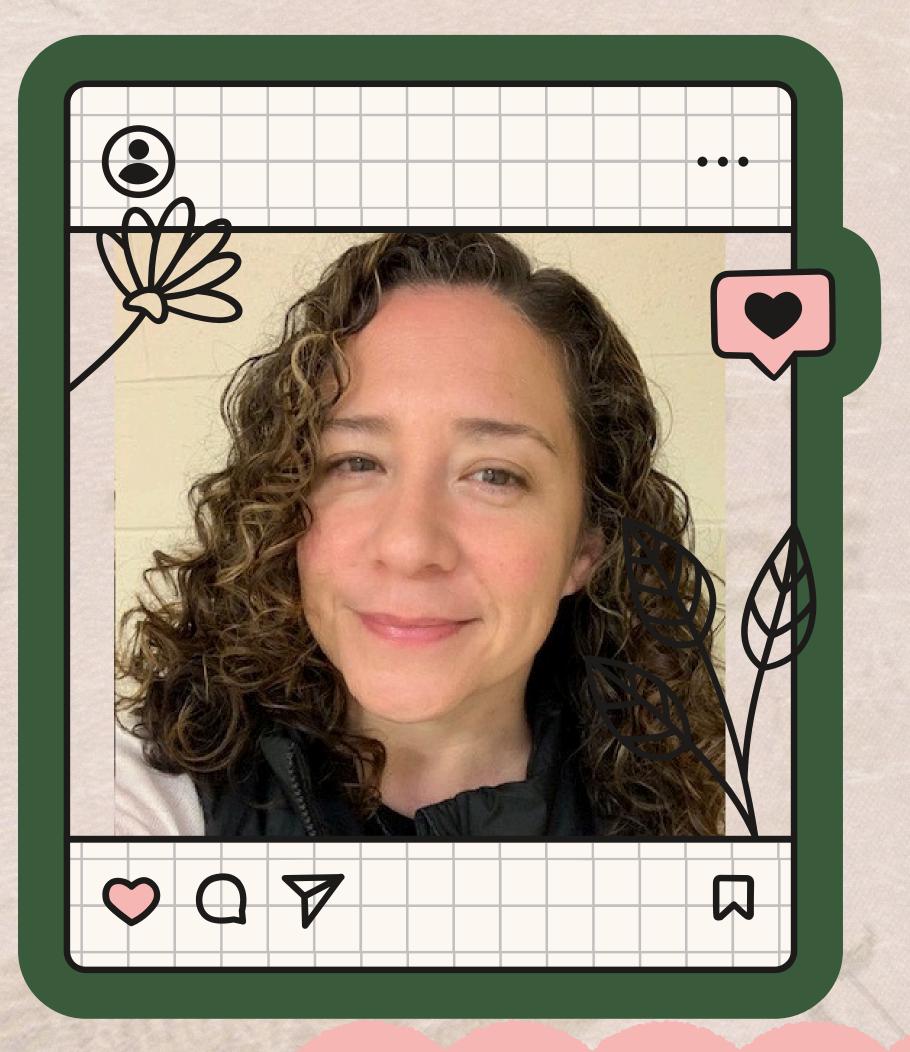
Take a look at the fall <u>SEL newsletter</u> for additional resources!

- The district has created a helpful tool for SEL activities at the High School level for October and September.
- Please consider these helpful ideas to integrate throughout the school day.
- Reach out to Alison
 Onofrio, School Social
 Worker on the 3rd floor
 if you need any
 assistance.



MEET THE NEW SOCIAL WORKER

Christina Martin, LCSW

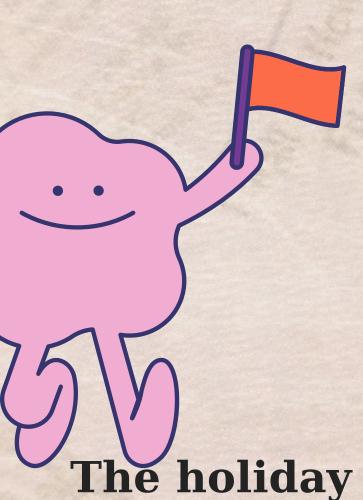




FUN FACTS:

- I was born in Asuncion, Paraguay and I am bilingual in Spanish.
- I graduated with a Masters in Social Work from Boston University.
- My hobbies are gardening, hiking,
 biking and cooking.

I look forward to meeting you!



The holiday season is among us!

If you're 16 or older
and are looking for a
seasonal job try looking
into the following
business:

- Dave and Busters
- Old Navy
- CVS
- Walmart
- Five Below
- Walgreens

YOU CAN DO THIS!



STUDENT CORNER

Please follow the Wilbur Cross Social Workers on instagram:

@crosssocialworkers.

As the first marking period has commenced it is important for you to look at your classes. Teachers determine whether you're doing all that you can to get the best grades possible. Now is the time to put your best foot forward. You do not want to be one of the students scrambling to complete make up work in May in order to pass classes.

Here are a few tips in order to help you work on getting better grades starting now.

- DO NOT procrastinate
- Work on your time management
- Do ALL extra credit work offered
- Ask for help
 - Know your resources
 - Try your best